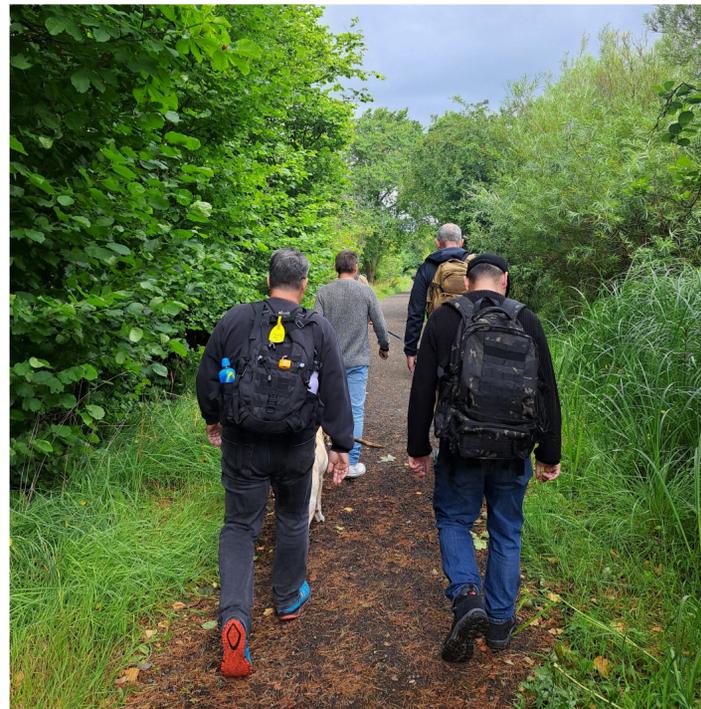
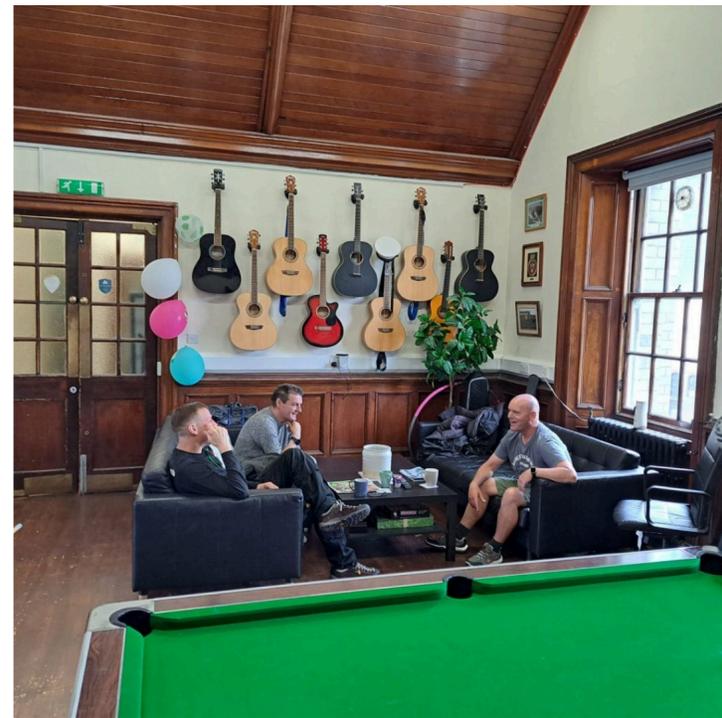


CVS WEEKLY ROUNDUP



Welcome to the Community Veterans Support's weekly newsletter, where we bring you a complete roundup of the week's activities. From the latest insights and highlights to exciting developments, we've got everything you need to stay informed and engaged. Join us as we explore the noteworthy events and updates that shaped our week!



We were back out in full force for our Wellbeing Walk - following the Palacerigg and Glencryan Circular in Cumbernauld Country Park 🌲 We rounded the day off with, of course, our usual Scoff & Banter antics!

Friday we enjoyed filled rolls, with Bramley Apple and Black Pudding Sausages and Bacon being fan favourites! Always a great day accompanied with a good bit of banter between the lads 🍷

As recently announced, we will be taking part in this year's VJ Day Commemorations at the Veterans' Monument on Baldwin Avenue, Knightswood on Saturday 16th August. Medals and berets are encouraged, if you have them.

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