

# CVS WEEKLY ROUNDUP



Welcome to the first edition of Community Veterans Support's weekly newsletter, where we bring you a complete roundup of the week's activities. From the latest insights and highlights to exciting developments, we've got everything you need to stay informed and engaged. Join us as we explore the noteworthy events and updates that shaped our week!

## WELLBEING WALK

Our Thursday Wellbeing Walk around Loch Thom fostered and supported positive mental and physical wellbeing by just being outdoors in good company.

The walk took us to some fantastic viewpoints and reminded us that there is so much wilderness to explore just outside the city.



## SCOFF & BANTER

Thursday evening saw another successful Scoff & Banter, our weekly community event hosted by our veterans - over 2 years and still growing strong!

## SPECIAL MENTIONS

We participated in the Firmbase meeting at Glasgow City Chambers, advocating for veterans in Greater Glasgow.

A new restoration project will soon begin with a donated motorboat. Watch this space.



## BIRTHDAY!

Oh, and we were also celebrated one of our community members birthdays this week! A massive happy birthday to Pete!



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