

CVS WEEKLY ROUNDUP



Welcome to the first edition of Community Veterans Support's weekly newsletter, where we bring you a complete roundup of the week's activities. From the latest insights and highlights to exciting developments, we've got everything you need to stay informed and engaged. Join us as we explore the noteworthy events and updates that shaped our week!



OPERATION RENOVATION

What a week it has been at the centre! Our renovation project was well underway following the plastering work the guys did last week! Our good friends at Thales joined to assist us, lending a hand in both painting and putting up our guitars and military shields - A massive thank you!

Special Mentions

Over the weekend, CVS attended The Reclaimers' gig and had a fantastic evening! Filled with lively music and great atmosphere - It was a wonderful opportunity to unwind, connect with others, and enjoy the performance 🎵

A handful of our vets attended a traditional Sikh birthday party on Monday in celebration of our staff member Molly's granddaughter's 1st birthday! A mixture of traditional food and traditional dance, it was a great evening! 🎉

We hosted a visit to the centre by Steve Cockburn of the Collective Advocacy Programme Scotland (CAPS) who gave a short presentation. We're looking forward to working with Steve further in the future!

WELLBEING WALK

Thursday's Wellbeing Walk saw the group venture out to North Lanarkshire to walk The Big Garden and Canal - The walk was 7km, and fairly flat, with mild inclines, providing plenty of challenge 🌿



COMMUNITYVETERANSSUPPORT.ORG.UK